



Centering Prayer Introductory Workshop

April 28, 2018, 9:00 a.m. to 1:00 p.m.

Peace Lutheran Church
(Fellowship Hall)
18265 North 89th Avenue
Peoria, AZ 85382

Centering Prayer is a method of silent prayer that can serve to prepare one to receive the gifts of God's presence. The method is simple yet profound in its effects. The goal of this workshop is to provide participants with the tools for Centering Prayer and to encourage a daily practice.

The workshop is presented by members of the Contemplative Outreach of Phoenix. Centering Prayer is for anyone seeking a deeper relationship with God. Participants are encouraged to attend six weekly sessions following the workshop. The sessions provide support and encourage those who wish to establish a daily prayer practice. Dates and times to be determined by participants.

To register contact
Peace Lutheran Church at 623-972-6785 or office@peaceaz.org;
or Sister M. Rachel Torrez at rtorrez@cox.net;
or register online at www.contemplativeoutreach-phoenix.org.