



### **About the Retreat**

Bill W. states “We found the Great Reality deep down within us. In the last analysis, it was only there He may be found.” Thomas Keating uses the “Inner Room” as a metaphor for the practice of Centering Prayer. **This silent retreat will provide some practical tools** to deepen our 11<sup>th</sup> step by opening us to silence and listening.

### **About the Retreat Leader**

Fr. Bill Sheehan has led many 12 Step retreats and has taught Centering Prayer and the Welcoming Prayer practice as methods to dismantle the false self system and the emotional programs that we have depended on in our addictive behaviors and have carried over into recovery. He currently leads retreats with emphasis on prayer and contemplation and not on any religious belief.

### **About Centering Prayer**

For those who live by the 12 Steps found in AA, Al-Anon, and other 12 step programs, a Centering Prayer practice can be a key support system in the process of recovery and transformation. Centering Prayer can help deepen our application of the 12 Steps through daily immersion in prayer and meditation. The practice of Centering Prayer, and the spiritual, historical and psychological basis of it, is described and elaborated in several of Thomas Keating’s books, including *Open Mind, Open Heart* , *Invitation to Love*, and *Divine Therapy and Addiction*.

*Online Registration Open Now!*

**go to:**

**<http://www.contemplativeoutreach-phoenix.org>**

### **ONE PERSON IN SINGLE STANDARD ROOM**

TOTAL COST:

**\$325.00**

### **TWO PERSONS IN ONE STANDARD DOUBLE ROOM**

TOTAL COST:

**\$ 270.00 per person**

Cost covers all food and lodging for weekend

**COMMUTERS (no lodging but includes all meals) \$130 per person**

For more information on the retreat, contact:

Dave D. (480-980-0135)  
ddierig@gmail.com

Therese W (602-327-8293)  
theresewagner3@gmail.com

**March 16-18, 2018**

Friday to Sunday

## **11<sup>th</sup> Step Silent Retreat**

*“Sought through prayer and meditation to improve  
our conscious contact with God as we understood  
Him ...”*

*The 11<sup>th</sup> Step*

**Picture Rocks, Arizona**

**REDEMPTORIST RENEWAL  
CENTER**

**[www.desertrenewal.org](http://www.desertrenewal.org)**



**Alternative to online, Mail  
registration to Dave Dierig, 8028 S.  
38<sup>th</sup> Pl, Phoenix, AZ 85042**

Name \_\_\_\_\_  
\_\_\_\_\_

Street \_\_\_\_\_  
\_\_\_\_\_

City, State,  
Zip \_\_\_\_\_  
\_\_\_\_\_

Email \_\_\_\_\_  
\_\_\_\_\_

Cell phone \_\_\_\_\_

Payment Included? \_\_\_ Yes \_\_\_ No

Roommate Name if Double Room  
(optional) \_\_\_\_\_  
\_\_\_\_\_

Do you have a daily practice of  
Centering Prayer? \_\_\_ Yes \_\_\_ No

Retreat is supported by  
Contemplative Outreach of  
Phoenix, a non-profit  
organization.

Retreat team includes:

Dave M., Tina M., Dave D.,  
Therese W., Diane S., Jan D.,  
Karen K.,