



Centering Prayer Introductory Workshop

MARCH 3, 2018, 9:30 a.m. to 1:00 p.m.
United Methodist Church Of Casa Grande
(Fireside Room)
1515 North Trekell Road
Casa Grande, Arizona AZ 85122

Centering Prayer is a method of silent prayer that can serve to prepare one to receive the gifts of God's presence. The method is simple yet profound in its effects. The goal of this workshop is to provide participants with the tools for Centering Prayer and to encourage a daily practice.

The workshop is presented by members of the Contemplative Outreach of Phoenix. Centering Prayer is for anyone seeking a deeper relationship with God. Participants are encouraged to attend six weekly sessions following the workshop. The sessions provide support and encourage those who wish to establish a daily prayer practice. Dates and times to be determined by participants.

A donation of \$20 may be made to Contemplative Outreach of Phoenix for the workshop.

To register contact Sister M. Rachel Torrez at rtorrez@cox.net or Sharon Yockey at (cell) 715 379-6623, (h) 520 509-6851, or register on line at www.contemplativeoutreach-phoenix.org