



**CENTERING
PRAYER
INTRODUCTORY
WORKSHOP**

FEBRUARY 15, 2025

9:00 AM to 1:00 PM

**ST. DOMINIC MISSION & COMMUNITY CHURCH OF THE VERDES
25603 N. DANNY LANE
RIO VERDE, ARIZONA 85263**

Centering prayer is a method of silent prayer that can serve to prepare one to receive the gifts of God's presence. The method is simple, yet profound in its effects. The goal of this workshop is to provide participants with the tools for Centering Prayer and to encourage a daily practice.

The workshop is presented by members of Contemplative Outreach of Phoenix. Centering Prayer is for anyone seeking a deeper relationship with God. Participants are encouraged to view six sessions on YouTube following the workshop. The sessions provide support and encourage those who wish to establish a daily prayer practice. A donation of \$20 may be made to Contemplative Outreach of Phoenix but is not required in order to attend.

To register contact: Betty Crisanti at bcris1027@gmail.com, 480 622-6646;
Karen Jurgens at karenjurgens@mac.com, 480-471-7789; Sister M. Rachel Torrez at rtorrez@cox.net, 602- 944-2728; or www.contemplativeoutreach-phoenix.org