



# got silence?

Join us in-Person

**An 11th Step Practice:  
“Introduction to Centering Prayer Workshop”**

on

**Saturday October 11, 2025**

**9 am until 12:30 pm**

at

St. Stephen's Episcopal Church,

2310 N. 56<sup>th</sup> Street

Phoenix, AZ 85008

(Office lobby west of Valley Alano)

**Workshop is Free!**

We will explore:

- The Human Condition.
- How the practice leads to a deepening relationship with a Higher Power.
- The four guidelines of the practice including two 20 minute sits.
- Detaching from our thoughts.
- Benefits of the practice.

To help you make this a daily practice, you will be invited to the weekly 12-Step Centering Prayer group that meets every Monday at the Church.

**Refreshments provided!**

Workshop by AA members using Centering Prayer as an 11<sup>th</sup> Step Practice.  
Contact for more info: text 480 980-0135