

## ***In-Person Fall Enrichment Day with Father Bill Sheehan***

### **The Wisdom Way of Knowing**

**October 4, 2025, 9:00 a.m. to 1:00 p.m.  
Shepherd of the Hills United Church of Christ  
5524 E. Lafayette Blvd. Phoenix, AZ 85018**



Cynthia Bourgeault reminds us in her writings that within our human condition we have 2 operating systems, that of our egoic operating system and that of heartfulness or heart perception.

During our time together I would like to describe each of these operating systems in some detail. Then I would like to describe how we can upgrade our operating system and choose to live our lives more intentionally on the level of heart perception.

**Fee of \$30 and scholarships are available.**

**Register on-line at:**

**[www.contemplativeoutreach-phoenix.org](http://www.contemplativeoutreach-phoenix.org)**

**Or mail registration to:  
Sister Rachel Torrez  
909 E Northern Ave #427  
Phoenix AZ 85020**

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
Phone: \_\_\_\_\_

Make check out to *Contemplative Outreach of Phoenix*

For questions or additional information contact: Sister Rachel at (602) 663-1851